



Focus Days

Year 11

Budgeting and finance
Saving and financial risk

The future

- Live a healthy life
- Know and understand options for careers
- Tolerance and lack of prejudice and discrimination
- Have healthy and happy relationships
- Stress management and resilience

KNOWLEDGE

Organ and blood donation, Pregnancy choices, Male and female cancers, Parenthood, Love and abuse

Adult health

Year 10

Sexual health and consent
Crime and peer pressure

CSE, screen time, mental health, self harm, suicide, promoting emotional wellbeing

Mental health and wellbeing

Honour violence, forced marriage, social media, data, modern day slavery, knife crime

Violence and crime

VR and live streaming, Drugs and addiction, Cosmetic and aesthetic procedures

Staying safe

Family, Sex outside marriage, marriage, divorce, contraception, online relationships

Human relationships

Study skills

Yr 11

Year 9

Team building and enterprise
Gambling and money

Instagram and Tiktok, marriage, rights and responsibilities, consumer rights, employment rights, payslips

Being responsible and knowing your rights

Christmas spending, flexi working, being savvy, finance and family, decision making, cars and finance, rags to riches

RSE

Essential life skills

From failure comes success, First aid, Importance of happiness, What is anger?

Money sense

Yr 9

Year 8

Health and well-being
Careers super day

Substance addiction, drug classification, substance misuse, Energy drinks and caffeine, ecigs and vaping, alcohol

Employability, careers and aspirations, self-esteem, labour market, options

Proud to be me

Self-esteem, bullying, dealing with grief, media airbrushing, cancer risk reduction, mental health and well-being

Dangerous society

LGBTQ+

Identity, relationships and sex education

Healthy relationships, conflict, sexual orientation, gender identity, contraception, love, menstruation

Yr 8

Year 7

Anti-bullying
Financial exploitation

Global citizens, equality, protected characteristics, kindness, charitable giving, railway safety, first aid

Health and wellbeing, mental health, body image, abuse and bullying, healthy eating, stress

Good citizens
Worries and puberty

Worry, unhelpful thoughts, emotional changes, physical and mental well-being, body image, puberty, self-care

Friends, respect and relationships

Consent and boundaries, friendship and online relationships

Law, crime and society
Rules, community, making decisions, criminals, Law making, reform and punishment

Managing change

Family and gangs

Gang situations, Separation and divorce, Bereavement and loss, Roles and responsibilities, Keeping safe

Yr 7