

The
DELI



**Deli & Salad Bar
Opening Wednesday
10th September in TCC**

The **DELI**



Bap Sandwich Crusty Roll £2.15

**Baguette Wrap Ciabatta
£2.30**

Salad box with Protein £2.30

Additional Protein 30p

**Meal Deal (includes Water Or Juice
+ Fruit or Jelly or Homebake) £2.86**

The **DELI**



1 Filling + Salad £2.15

2 Filling+ Salad£2.30

Salad box with Protein £2.30

Additional Protein 30p

**Meal Deal (includes Water Or Juice +
Fruit or Jelly or Home bake) £2.86**

MEAL DEAL

CHOOSE FROM:

ANY MAIN MEAL
ENTER PRODUCT HERE

PASTA & SAUCE •

WITH SALAD

HANDCRAFTED ITEM •

BAGUETTE, ROLL OR SANDWICH

SALAD BOX •



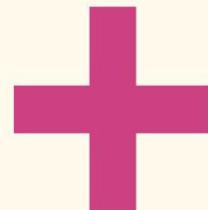
ONE OF:

WATER or FRUIT JUICE 150ml

caterlink
feeding the imagination

ONLY

£2.68



ONE OF:

- HOT or COLD DESSERT
- of the day
- JELLY
- FRESH FRUIT

WEEK ONE

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

**BUTTERNUT
MAC & CHEESE**
With Crunchy
Topping

BEEF CHILLI
with Rice and
Sour Cream

**PORK OR
CHICKEN
SAUSAGE**
Roast Potatoes
and Gravy

**CHICKEN
TIKKA
MASALA**
With 50/50
Rice

**BREADED
FISH**
with Chips &
Garden Peas



OPTION
#2

**QUORN &
VEGETABLE
CHOW MEIN**

**FALAFEL
WRAPS**
with Couscous
and Mint &
Yoghurt Dip

**VEGAN
SAUSAGE**
With Roast
Potatoes and
Gravy

**SWEET
POTATO &
CHICKPEA
CURRY**
with 50/50
Rice

**CHEESE & LEEK
FRITTATA**
with Chips and
Garden Peas

ON THE
SIDE

Vegetables of
the Day

DESSERT
OF THE
DAY

**PINEAPPLE
UPSIDE
DOWN CAKE**

**CHOCOLATE
CRUNCH CAKE**

**STICKY TOFFEE
APPLE CRUMBLE**
With Custard

**WARMED
JAMAICAN
GINGER CAKE**
with Ice Cream or
Custard

**ICED SPONGE
CAKE**

**CHECK
OUT**
• OUR HOT AND
COLD GRAB &
GO SELECTION

**MEAL DEAL
PRICE**
• • • • •
XXX

ALLERGIES

• • • • •
PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

**PLEASE SEE OUR THEME
DAYS AND SPECIAL OFFERS**

WEEK TWO

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

CHEESE AND
TOMATO
QUICHE
With Potato
Wedges



BEEF
LASAGNE
with Garlic Bread
and Salad



CREAMY
CHICKEN AND
BROCCOLI
PIE
with New
Potatoes



JERK
CHICKEN
with Rice and
Peas and
Pineapple Slaw

FISH IN
BATTER
with Chips

OPTION
#2

CRUNCHY
LENTIL PASTA
BAKE
with Roasted
Vegetables



CHICKPEA
AND SWEET
POTATO
TAGINE
With Couscous

LEEK, ONION &
POTATO
TRAYBAKE

CURRIED
SQUASH &
BUTTERBEAN
STEW
with Rice and
Peas & Slaw

VEGAN
BURGER
with Chips



ON THE
SIDE

Vegetables of
the Day

DESSERT
OF THE
DAY

CHOCOLATE
SPONGE
PUDDING

APPLE PIE
With Cream

PEAR & CHOC
CRUMBLE
With Custard

JAM & COCONUT
SPONGE

OATY
FLAPJACK



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WEEK THREE

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

CHEESY
CHILLI
CHICKEN
PASTA

CHICKEN
SOUVLAKI
with Golden
Rice or
Seasoned
Potatoes

ROAST OF
THE DAY
New Potatoes
& Gravy

ENCHILADAS
Pork, Beef or
Chicken
(choose one)
with 50/50
Rice

CHIP SHOP
FISH /
SAUSAGE
with Chips, Mushy
Peas and Gravy/
Curry Sauce

OPTION
#2

SPAGHETTI
& PLANT
BASED
MEATBALLS

SPINACH &
CHEESE
WHIRL
Golden Rice or
Seasoned
Potatoes

LENTIL
WELLINGTON
with New
Potatoes &
Gravy

MEXICAN
SOYA CHILLI
with 50/50
Rice and Sour
Cream

VEGAN
SAUSAGE
Chips, Mushy
Peas
& Gravy/
Curry Sauce

ON THE
SIDE

Vegetables of
the Day

DESSERT
OF THE
DAY

CHOC
ORANGE
COOKIE

SUMMER
FRUIT
CRUMBLE
With
Custard

FRUIT
MUFFINS

PEACH CAKE
With Custard

CHOCOLATE
BROWNIE

CHECK
OUT

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COLD GRAB &
GO SELECTION

MEAL DEAL
PRICE
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